



In Praise of Ageing

Patricia Edgar

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Retirement is not the time to cut all ties and head off to live in a warm climate but rather to ask: Who do I want to be near? How will my relationships be reaffirmed? What do I care about? What can I create and contribute to the world?

Meet Jim Brierley, who was still jumping out of planes aged eighty-eight. And Muriel Crabtree, whose exhibition of pastels was opened by the governor-general shortly after Crabtree died aged 102.

Australians are staying healthy and living longer than ever before. Yet rather than focusing on the productive, rich, varied lives older people lead we dwell on the burden of ageing. *In Praise of Ageing* tells the stories of eight people who have lived well into their nineties and beyond. These people will inspire you, entertain you and motivate you to be connected, interested, risk-taking and inventive. They will challenge your preconceptions. And they will convince you that fifty is now the start of the second half of life and not the beginning of the end.

Patricia Edgar's *In Praise of Ageing* is timely and groundbreaking in its desire to reshape our thinking.

Patricia Edgar is a sociologist, educator, film and television producer, writer, researcher, and policy analyst. Through a career spanning four decades she has been at the forefront of media for children nationally and internationally, winning multiple awards for her achievements and programs. In this book she turns her attention to ageing policy in Australia.

'Patricia is a sort of centurion in her abilities to kick down doors and push walls over...she gets things done.'
Phillip Adams

'With her characteristic passion, Patricia Edgar has exploded the myth that an ageing population is unrelieved bad news for our social and economic future. This book is bursting with intellectual energy: if Edgar's rational arguments don't convince you, her human stories will.' Hugh Mackay

'Patricia Edgar brilliantly portrays the challenges and, more importantly, the manifold joys of growing older. She dissects the biased and inaccurate attitudes which prevent society from gaining maximum value out of its senior citizens. She highlights the experience, perspective, integrity and wisdom of our elders and introduces us to eight individuals enjoying fulfilling lives towards the end of their journeys - independent, interesting and inspirational people, examples to be emulated. This book is a "must read" for every thinking Australian.' Sir Gus Nossal

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Russell Love:

Reading can called mind hangout, why? Because when you find yourself reading a book specifically book entitled In Praise of Ageing your brain will drift away trough every dimension, wandering in most aspect that maybe unidentified for but surely will end up your mind friends. Imaging each and every word written in a publication then become one contact form conclusion and explanation that maybe you never get previous to. The In Praise of Ageing giving you a different experience more than blown away your head but also giving you useful details for your better life in this particular era. So now let us explain to you the relaxing pattern at this point is your body and mind is going to be pleased when you are finished reading through it, like winning an activity. Do you want to try this extraordinary shelling out spare time activity?

Catherine Benavidez:

This In Praise of Ageing is great publication for you because the content which can be full of information for you who all always deal with world and get to make decision every minute. This particular book reveal it information accurately using great organize word or we can declare no rambling sentences in it. So if you are read the item hurriedly you can have whole info in it. Doesn't mean it only provides straight forward sentences but hard core information with attractive delivering sentences. Having In Praise of Ageing in your hand like having the world in your arm, information in it is not ridiculous one particular. We can say that no publication that offer you world throughout ten or fifteen small right but this publication already do that. So , it is good reading book. Hi Mr. and Mrs. stressful do you still doubt that will?

Mattie Martin:

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