

Creative Living: Discovering Your Beautiful Path & Lifestyle Toward Happiness & Well-Being

Harbeen Arora



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Creative Living was born of the author's desire to stay balanced and at peace at all times. She began writing this book in the hope of finding ways to manage her inner world of thoughts and emotions, respond positively to challenges and navigate justly on the complex path of life. On this journey of labor and love, she discovered creative strategies and attitudes that helped her to evolve with every passing situation and struggle. She found an original way to make use of the material of daily living to enhance one's quality of living. "Creative Living" is unique as it offers a distinctive yet universal approach to happier living. Importantly, it paints a holistic picture of a creative scheme of living, instead of giving piecemeal advice. So no matter what your particular context or personality, this book will enable you to improve your situation with positive outlooks and creative means. You will uplift your vision, have satisfying relationships and develop a keener rapport with your universe. You will thus lead yourself to happiness. Only you can.

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