



Saying Goodbye: A Guide to Coping with a Loved One's Terminal Illness

Joseph Nowinski, Barbara Okun

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When someone you love receives a terminal diagnosis, the whole family is suddenly faced with a prolonged crisis. While medical advances have given us the gift of extending life, meaning that a loved one could survive months or even years before dying, it has also changed the way we grieve. Published in collaboration with Harvard Health Publications, *Saying Goodbye* guides you through this complex journey, offering hope and healing for those who may be "living with death" for an extended period of time.

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