



# Diagnosis and Management of Osteoporosis

*Kenneth G. Saag, Sarah L. Morgan, Gregory A. Clines*

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Diagnosis and Management of Osteoporosis by Ken Saag, MD. PhD, Sarah Morgan, MD, MS, RD and Gregory A. Clines, M.D., Ph.D. provides practitioners with practical and authoritative guidance on state of the art management of this condition. The pathophysiology of osteoporosis is reviewed. The diagnosis and screening for osteoporosis is discussed at length, including the proper use of bone densitometry and qualitative bone ultrasound, as well as risk assessment tools. Proper clinical evaluation is delineated and nondrug therapy is reviewed. Pharmacologic treatment options with antiresorptive agents and bone formation stimulants are discussed in detail including results of key clinical trials. A separate chapter review evolving pathways and therapeutic targets.

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