



LifeParticle Sound Healing

Ilchi Lee

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LifeParticles, sometimes called ki or chi, give rise to all the diverse forms of life. This energy serves as a bridge between a person's inner consciousness and the physical world. As you learn to access the power of LifeParticles, your intentions become reality.

LifeParticles, in essence, are pure love. You may visualize them as rays of bright light being sent to a person or situation. The moment you focus on a person, thing, or goal, LifeParticles are immediately sent to it, materializing your intentions in the physical world. The best way to receive or send LifeParticles is with a calm mind and a pure, sincere heart.

LifeParticle Sound Healing uses sound to amplify the power of LifeParticles and awaken your natural healing abilities. The sounds of the crystal bowls, gongs, flutes, and other instruments, played by Ilchi Lee while in meditation, will generate subtle, yet powerful vibrations through your whole body. These vibrations will calm and purify your mind and emotions. The sounds have the power to activate the body's energy centers and allow LifeParticles to flow powerfully through your body.

With consistent practice, your health will improve and negative energies will be released, leaving your body and mind refreshed.

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