



It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita

Heather Armstrong

Download now

[Click here](#) if your download doesn't start automatically

It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita

Heather Armstrong

It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita Heather Armstrong

An irreverent and captivating memoir about the unexpected joys and glaring indignities of pregnancy, childbirth, and parenthood - from the beloved creator of the most popular personal blog on the web, dooce.com

Heather Armstrong gave up a lot of things when she and her husband, Jon, decided to have a baby: beer, small boobs, free time -- and antidepressants. The eighteen months that followed were filled with anxiety, constipation, nacho cheese Doritos, and an unconditional love that threatened to make her heart explode. Still, as baby Leta grew and her husband, Jon, returned to work, Heather faced lonely days, sleepless nights, and endless screaming that sometimes made her wish she'd never become a mother. Just as she was poised to throw another gallon of milk at her husband's head, she committed herself for a short stay in a mental hospital -- the best decision she ever made for her family.

To the dedicated millions who can't get enough of Heather's unforgettably unique style and hilarious stories on her hugely popular blog, there's little she won't share about her daily life as a recovering Mormon, liberal daughter of Republicans, wife of a charming geek, lover of television that exceeds at being really awful, and stay-at-home mom to five-year-old Leta and two willful dogs.

In *It Sucked and Then I Cried*, Heather tells, with trademark wit, the heartfelt, unrelentingly honest story of her battle with postpartum depression and all the other minor details of pregnancy and motherhood that no one cares to mention. Like how boring it can be to care for someone whose primary means of communication is through her bowels. And how long it can possibly take to reconvene the procedure that got you into this whole parenthood mess in the first place. And how you sometimes think you can't possibly go five more minutes without breathing in that utterly irresistible and totally redeemable fresh baby smell.

It Sucked and Then I Cried is a brave cautionary tale about crossing over that invisible line to the other side (the parenting side), where everything changes and it only gets worse. But most of all, it's a celebration of a love so big it can break your heart into a million pieces.

 [Download It Sucked and Then I Cried: How I Had a Baby, a Br ...pdf](#)

 [Read Online It Sucked and Then I Cried: How I Had a Baby, a ...pdf](#)

Download and Read Free Online It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita Heather Armstrong

From reader reviews:

Gilbert Johnson:

Do you among people who can't read pleasurable if the sentence chained in the straightway, hold on guys that aren't like that. This It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita book is readable through you who hate the straight word style. You will find the data here are arrange for enjoyable reading experience without leaving possibly decrease the knowledge that want to deliver to you. The writer connected with It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita content conveys objective easily to understand by lots of people. The printed and e-book are not different in the written content but it just different such as it. So , do you still thinking It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita is not loveable to be your top listing reading book?

Mary Sexton:

Reading a guide tends to be new life style within this era globalization. With reading through you can get a lot of information that can give you benefit in your life. Together with book everyone in this world could share their idea. Guides can also inspire a lot of people. Many author can inspire their reader with their story or maybe their experience. Not only the storyline that share in the ebooks. But also they write about the ability about something that you need example. How to get the good score toefl, or how to teach your young ones, there are many kinds of book that exist now. The authors in this world always try to improve their expertise in writing, they also doing some exploration before they write on their book. One of them is this It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita.

Terry Tatum:

The book with title It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita contains a lot of information that you can study it. You can get a lot of help after read this book. This particular book exist new know-how the information that exist in this book represented the condition of the world at this point. That is important to yo7u to know how the improvement of the world. This book will bring you in new era of the the positive effect. You can read the e-book in your smart phone, so you can read this anywhere you want.

Mary Curtis:

Reading a book to be new life style in this year; every people loves to learn a book. When you study a book you can get a large amount of benefit. When you read ebooks, you can improve your knowledge, since book has a lot of information into it. The information that you will get depend on what forms of book that you have read. In order to get information about your analysis, you can read education books, but if you want to entertain yourself you can read a fiction books, these kinds of us novel, comics, and also soon. The It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita provide you with a new

experience in studying a book.

Download and Read Online It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita Heather Armstrong #FCDP803BVUG

Read It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong for online ebook

It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong books to read online.

Online It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong ebook PDF download

It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong Doc

It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong Mobipocket

It Sucked and Then I Cried: How I Had a Baby, a Breakdown, and a Much Needed Margarita by Heather Armstrong EPub