



Sons to Men: A Mothers Guide

Anne Harvey

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How to put into practice the principles of the bestselling trans-Tasman parenting phenomenon, HE'LL BE OK. 'Helping mothers to laugh with their gorgeous boys' - CELIA LASHLIE Struggling to cope with an emotionally charged minefield as your son becomes a man? Do you sometimes wonder if you'll both come out alive? In SONS tO MEN, Anne Harvey offers a practical guide for mothers as their sons enter adolescence. While many other books concentrate on teenage boys' propensity to misjudge situations and inability to consider implications, Anne focuses on mothers and how they are impacted by their sons' actions and developments. Using real-life examples, she demonstrates how these situations can affect any boy and mother, suggesting practical ways of dealing with them. By asking mothers to appreciate their importance as women within their role as the female parent of an adolescent boy, she encourages an honest look at guilt, nagging, anxiety and doubt. Learn how to examine what could be causing each issue, and connect with the central calm space within. Follow Anne's clear, accessible and logical process and begin to minimize the turbulence of raising your son. Most importantly, learn how to relax and enjoy your boy's transition to manhood now, when it's happening - don't spend these precious years as a confused, angry and frustrated casualty. Anne Harvey lives in Nelson, and has qualifications in adult learning, facilitation, non-violent communication, life coaching and early childhood education. Winner of an Excellence in Business Award, she is a mentor with Business Mentors New Zealand. More to the point, she is raising four sons.

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Vickie Hintz:

Spent a free the perfect time to be fun activity to complete! A lot of people spent their leisure time with their family, or their own friends. Usually they carrying out activity like watching television, gonna beach, or picnic inside park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your current free time/ holiday? Could be reading a book is usually option to fill your free time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to attempt look for book, may be the publication untitled Sons to Men: A Mothers Guide can be excellent book to read. May be it might be best activity to you.

Ian Sharpless:

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