



Defensive Tactics: Modern Arrest and Control Techniques for Today's Police Warrior

Loren W. Christensen

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Whether you're a law enforcement officer wanting to improve your edge or a martial artist wanting to expand your knowledge of street proven techniques, you will find *Defensive Tactics: Modern Arrest and Control Techniques for Today's Police Warrior* is filled with invaluable information including:

- * Joint manipulation that works
- * Leverage control vs. pain control
- * Hitting with the hands, feet, forearms and elbows
- * Safely and quickly crossing the gap
- * Blocking an assailant's strikes
- * Using vulnerable points to gain compliance
- * Head disorientation
- * Safe application of sleeper holds
- * Controlling a suspect on the ground
- * Arresting big guys
- * Fighting concepts to take on patrol
- * Weapon retention in close quarters and on the ground

Written by a retired cop and high-ranking martial artist who survived all that the mean streets threw at him while working patrol, gang enforcement and dignitary protection, *Defensive Tactics* goes beyond what is taught in the academy, officer's in-service training, and what is allowed by the administration. **BONUS:** Includes a chapter on proven ways to control a suspect on the ground written by LAPD officer Mark Mireles, an MMA coach, police academy trainer, and wrestling champ.

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Lizzie Chandler:

This Defensive Tactics: Modern Arrest and Control Techniques for Today's Police Warrior are generally reliable for you who want to be described as a successful person, why. The reason why of this Defensive Tactics: Modern Arrest and Control Techniques for Today's Police Warrior can be among the great books you must have is giving you more than just simple looking at food but feed you with information that might be will shock your prior knowledge. This book is actually handy, you can bring it all over the place and whenever your conditions in the e-book and printed people. Beside that this Defensive Tactics: Modern Arrest and Control Techniques for Today's Police Warrior forcing you to have an enormous of experience such as rich vocabulary, giving you trial of critical thinking that we all know it useful in your day pastime. So , let's have it and enjoy reading.

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