



Alfabeto dello stomaco (e del cuore) (Linferno) (Italian Edition)

Alice Keller

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La storia di una malattia raccontata attraverso le sue parole chiave, elencate in ordine rigorosamente alfabetico. Sentimenti, ideali, emozioni come Amore, Amicizia, Fobia, Odio... ma anche le cose di tutti i giorni: Pianto, Prosciutto, Sondino... L'anoressia, che ha inghiottito l'autrice fino a costringerla a un anno di ricovero ospedaliero, si fa dramma senza alcuna finzione: brutale e distruttivo. Una narrazione incalzante, condotta con lucidità e rigore, che scava in profondità attraverso le ossessioni e il dolore della protagonista, fino a riemergere alla vita, alla voglia di andare avanti. E di lasciarsi alle spalle quel tunnel che ormai "sempre più persone decidono di abitare".



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