



Living Somewhere Between Estrogen and Death

Barbara Johnson

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Barbara Johnson reveals her hilarious anti-aging remedy.

"They say the best way to grow old is not to be in a hurry about it?and Lord knows, I've put it off for as long as I could," says Barbara. But old age happens without any effort on our part. If you're alive, you're getting older. So what happens when you find yourself between menopause and LARGE PRINT? This best-selling author offers a delightful recipe for living life to the fullest in your later years and spices it with loads of laughter. She shows how she came to her own decision to age ferociously instead of gracefully.

Living Somewhere Between Estrogen and Death is a lighthearted and encouraging book on the joys and problems of growing older. You'll laugh at Barbara Johnson's zany insights on aging.

From savoring the "here and now" to preparing for our glorious future in heaven, *Living Somewhere Between Estrogen and Death* is your wise and witty guide to the joys and challenges of aging gleefully.

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