

## **Good Berry Bad Berry: Who's Edible, Who's Toxic, and How to Tell the Difference (Good...Bad)**

Helen Yoest



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# Good Berry Bad Berry: Who's Edible, Who's Toxic, and How to Tell the Difference (Good...Bad)

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Berries grow in all parts of North America and come in a wide variety of colors, sizes and shapes. But how do you know which ones are safe to eat and which could make you sick, or worse? *Good Berry Bad Berry* is the authoritative one-stop guide to identifying and safely enjoying these healthy "superfruits" -- with clear descriptions and full color photographs of 40 of the most widely available berries in North America (including a separate listing of berries found only in certain regions). Packaged with heavy matte-laminated pages and concealed-wire binding for handy, water-resistant use outside.

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