



Solar Gardening: Growing Vegetables Year-Round the American Intensive Way (Real Goods Independent Living Book)

Leandre Poisson, Gretchen Vogel Poisson

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Solar Gardening shows how to increase efforts of the sun during the coldest months of the year and how to protect tender plants from the intensity of the scorching sun during the hottest months through the use of solar "mini-greenhouses." The book includes instructions for building a variety of solar appliances plus descriptions of more than 90 different crops, with charts showing when to plant and harvest each. The result is a year-round harvest even from a small garden.

In *Solar Gardening* the Poissons show you how to:

- Dramatically increase the annual square-foot yield of your garden.
- Extend the growing and harvest season for nearly every kind of vegetable.
- Select crops that will thrive in the coldest and hottest months of the year, without artificial heating or cooling systems.
- Build solar appliances for your own garden.

Armed with nothing but this book and a few simple tools, even novice gardeners can quickly learn to extend their growing season and increase their yields, without increasing the size of their garden plot.

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