



# Armed - The Essential Guide to Concealed Carry

*Bruce N. Eimer Ph D.*

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## The Book Every Responsible Gun Owner MUST Read

It seems everywhere you turn these days someone is offering advice on carrying a handgun for self-defense. But *Armed--The Essential Guide to Concealed Carry* is like nothing you've read before.

Authored by Bruce N. Eimer, Ph.D., a noted psychologist with a dedication to teaching skills for staying armed and alive, *Armed* is the thinking gun owner's bible. This comprehensive volume breaks down not just the tools and tactics, but the mindset and choices a law-abiding citizen must have and make to become self-reliant, alert and legally armed.

Inside you'll find:

- Why going armed is about owning your safety, not just a handgun
- The true mindset that drives anti-gunners
- How to avoid the "Hero Syndrome"
- What rules of engagement lead to justifiable use of force
- How to deal with the trauma after a shooting incident
- Practical dry-fire and live-fire drills
- Weapon retention--keeping a gun grab from happening to you
- The Force Continuum--how it works and the actions you'll take along its course to survive an attack
- And much, much more

With comprehensive overviews on the gear that works and when it works, less-than-lethal rescue options, and common-sense solutions to everyday personal security problems, *Armed--The Essential Guide to Concealed Carry* is the one reference book that every truly responsible gun owner must read from cover to cover.

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