



# Wiley Concise Guides to Mental Health: Substance Use Disorders

*Nicholas R. Lessa, Walter F. Scanlon*

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**Wiley Concise Guides to Mental Health: Substance Use Disorders** Nicholas R. Lessa, Walter F. Scanlon  
*The Wiley Concise Guides to Mental Health: Substance Use Disorders* uses clear, highly accessible language to guide the reader through the entire continuum of addiction care and present the latest scientific understanding of substance use and abuse. This comprehensive, informative reference provides a complete overview of diagnosis, treatment, research, emerging trends, and other critical information about chemical addictions. Both biomedical and psychiatric conditions and complications are thoroughly covered.

Like all the books in the *Wiley Concise Guides to Mental Health* series, *Substance Use Disorders* features a compact, easy-to-use format that includes:

- Vignettes and case illustrations
- A practical approach that emphasizes real-life treatment over theory
- Resources for specific readers such as clinicians, students, or patients

In addition to the fundamentals of chemical addictions and treatment, *Substance Use Disorders* covers some of the most cutting-edge topics in the field, including innovative treatment approaches, outcome demands, brain science, relapse-prevention strategies, designer drugs, spirituality, and other areas. This straightforward resource is admirably suited for a wide variety of readers, from those in the helping professions, to law enforcement personnel, to recommended reading for clients currently in treatment.

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