



# Moments of Being: Finding Your One Moment in Time

*Barrie Brett*

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## **Moments of Being: Finding Your One Moment in Time** Barrie Brett

Is it possible that one moment, one brief encounter, can change the course of the rest of your life? If so, how will you recognize that moment? Will you let it pass you by? Will you let it defeat you? Or will you allow that moment, that experience, to help shape who you are and who you might become? "Moments of Being" reveals true stories that altered lives forever. Join celebrities, athletes, business and community leaders and men and women from all walks of life as they share their amazing 'twist of fate' experiences. These are stories of courage, destiny, reunions, love, sacrifice, dreams and the fears and triumphs which are an integral part of the human experience. More than that, they illustrate that by recognizing and acting on a single, pivotal moment, a person can change his or her life forever.

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