



# **Transition or Transformation?: Helping young people with Autistic Spectrum Disorder set out on a hopeful road towards their adult lives**

*John Clements, Julia Hardy, Stephanie Lord*

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Young people with Autism Spectrum Disorders (ASDs) can often find the step into adulthood and independence more difficult than their neurotypical peers, particularly where employment is concerned. The authors show, however, that with the right guidance and a positive attitude in schools, young people with ASDs can be every bit as happy and successful as those who are not on the spectrum.

The book describes a programme developed over a number of years by teachers at a school for young people with ASDs, which successfully enabled autistic pupils to achieve their full potential. The authors explain in detail the challenges faced by the young people at the school, and show how, encouraged by a culture of optimism and hopefulness, the programme developed their confidence and skills, with the result that many of them are now in employment. The book also provides an in-depth exploration of a multitude of styles and techniques for building relationships. Concluding with a reflection on leadership and organisational culture, the authors demonstrate that if the approach is adopted by an entire school and not just a handful of teachers, it really can work.

This inspiring and innovative book will be a must for educators at every level, psychologists, academics, and anybody else interested in a positive educational approach that will enable young people with ASDs to get the most out of life.

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