



An Introduction to Workplace Counselling: A Practitioner's Guide (Basic Texts in Counselling and Psychotherapy)

Loretta Franklin

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An Introduction to Workplace Counselling is a highly accessible and practical guide to counselling and the particular demands of the workplace setting. It covers basic practice issues central to all therapeutic work, including the relationship between theory and practice; client and practice management; skills and process; and difference issues. It also explores specific workplace issues including organizational culture; the role of counselling at work; and interventions. Taking into account the diversity of work experiences and different types of counselling training, a variety of approaches and theoretical views are discussed to help readers make sense of concepts and integrate them in a practical way.

As well as being an invaluable course text, *An Introduction to Workplace Counselling* will be essential reading for all those counselling in organizations or wishing to integrate counselling skills into their work environment.

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