



Positive Identity Development: An Alternative Treatment Approach for Individuals with Mild and Moderate Intellectual Disabilities

Karyn Harvey PhD

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An exciting new approach to caring for individuals with intellectual disabilities, this book provides a new theoretical perspective on treatment along with a variety of innovative tools. It rejects reducing adults with intellectual disabilities to a mere compilation of their behaviors and instead nurtures each individual's sense of identity. Allowing psychologists, social workers, and therapists to utilize the tools presented to enhance the effectiveness of the treatment they currently provide, this handbook promotes well-being on every level.

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