



# How to Care for Your Aging Parents...and Still Have a Life of Your Own!

*J. Michael Dolan*

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## **How to Care for Your Aging Parents...and Still Have a Life of Your Own!** J. Michael Dolan

This "reader-friendly" and insightful book captures the heartfelt emotion of what it's like to be an adult child of aging parents, and offers countless invaluable tips on how to take optimum care of them, and still maintain a personal life of your own.

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