



# The Wonder of Girls: Understanding the Hidden Nature of Our Daughters

*Michael Gurian*

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## **The Wonder of Girls: Understanding the Hidden Nature of Our Daughters** Michael Gurian

Michael Gurian, whose national bestseller *The Wonder of Boys* presented a radical and enlightening view of parenting sons, now offers a groundbreaking approach to raising daughters.

In *The Wonder of Girls*, Gurian, himself the father of two girls, provides crucial information for fully understanding the basic nature of girls: up-to-date scientific research on female biology, hormones, and brain development and how they shape girls' interests, behavior, and relationships.

He also offers insight into a culture mired in competition between traditionalism and feminism and a new vision that provides for the equal status of girls and women yet acknowledges their nature as complex and distinct from men. He explains what is "normal" for girls each year from birth to age 20; what developmental needs girls face in each stage; how to communicate effectively with girls; and how to cope with developmental crises such as early sexuality, eating disorders, parental divorce, and more.

With personal insights, practical tips, real-life anecdotes, and accessible science, *The Wonder of Girls* creates a new parenting paradigm. Key elements include:

- a nature-based approach to why girls are the way they are
- the connection between the need for profound attachment and the physical and brain development of girls
- support for a girl's inherent need for intimacy
- tools to protect girls' self-esteem and emotional life
- a new approach to girls' character development and rites of passage.

With this scientifically based developmental map of girlhood, Gurian equips parents with a comprehensive guide for raising daughters. Challenging our culture to examine and embrace a crucial piece of the puzzle missing thus far, *The Wonder of Girls* elevates the dialogue on parenthood.

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