



The Secret of Life Wellness: The Essential Guide to Life's Big Questions

Inna Segal

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THE SECRET OF LIFE WELLNESS, by Inna Segal is a breakthrough book, which can transform the major areas of your life.

Heal your body, connect to your inner wisdom, create the life you will love and discover your purpose by diving into life's deepest questions with the creator of Visionary Intuitive Healing®, Inna Segal.

In The Secret of Life Wellness: The Essential Guide to Life's Big Questions, Segal goes beyond physical healing to demonstrate that life wellness reflects health wellness. By answering twenty-one of life's biggest questions, Segal guides you through every stage of your personal wellbeing and invites us all to look within to find answers.

Inna Segal reveals life-changing secrets to enable you to:

- * Develop your intuition
- * Reclaim your inner power
- * Create harmony in your relationships
- * Explore your soul's journey
- * Attract money and success into your life
- * Embrace your shadow side
- * Deal with challenging emotions
- * Use your energy centers to heal and evolve
- * Attract and understand soul mates

Plus, Microsoft tags throughout the book give you the option of listening to Segal guide you first hand through powerful healing techniques.

Whether your challenge is physical, mental, emotional, or practical, Inna Segal helps you tap into your internal guidance system to achieve comprehensive wellness.

With simple wisdom and easy and impactful exercises that can be integrated into one's day-to-day life, Segal clears away the complexity to offer 'must have tools' for healing, transformation and evolution.

From utilizing your intuition and tapping into your inner power, to attracting money and losing weight, to raising confident children and dealing with loss, Inna covers the full spectrum of human challenges.

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