



Lupus Q + A (Revised Edition)

Robert G. Lahita, Robert H. Phillips

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A rheumatologist and a psychologist offer an informative and compassionate perspective on coping with lupus for patients and their families.

Lupus is a chronic autoimmune disease that is difficult to diagnose, and the symptoms-from achy joints to skin rashes-often mimic those of other diseases. Based on extensive research and clinical experience, *Lupus Q&A* answers the myriad questions of the more than 1.4 million lupus patients in this country. The book demystifies lupus by explaining diagnosis, symptoms, treatments, medication, and the psychological impact of the disease.

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