



# 10 Great Dates to Energize Your Marriage: The Best Tips from the Marriage Alive Seminars

*David Arp, Claudia Arp*

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10 Great Dates has such great appeal to couples in any setting. From small to large groups, for retreats or personal use, 10 Great Dates is an exciting, proven program that is low-key, effective, easy-to-lead, and husband-friendly. Combining fun dates and marriage education skills, this video curriculum gives couples time-out to build their marriage and enrich their relationship. Designed for use with the book 10 Great Dates to Energize Your Marriage as the participant's guide, this curriculum has everything you need to launch your group (or just the two of you) on your great dates. Leading your group is as easy as plugging in the coffee pot and DVD player and letting the Arps take it from there. You'll love growing together while going out together! 10 Great Dates includes:

- DVD with ten video sessions to launch your dates
- PDF files with a customizable press release, sample brochure, and certificate of completion are contained on the DVD
- Thirty-two-page Leader's Guide

"10 Great Dates™ is definitely the most widely used marriage education program. It is being used by all denominations, by the military, and by other groups around the country."

—Diane Sollee, MSW, founder and director, SmartMarriages.com

Dates include:

1. Choosing a High-Priority Marriage
2. Learning to Talk
3. Resolving Honest Conflict
4. Becoming an Encourager
5. Finding Unity in Diversity
6. Building a Creative Love Life
7. Sharing Responsibility and Working Together
8. Balancing Your Roles as Partner and Parent
9. Developing Spiritual Intimacy
10. Having an Intentional Marriage

Smart Tip: For engaged couples, use the book 10 Great Dates Before You Say "I Do" as the participant's guide and offer 10 Great Dates for Empty Nesters for those who are in that stage of life!

Comments from clergy and couples: "We have been blessed personally by the concepts and materials contained in 10 Great Dates over the years. It has been a delight for us to pass on this principle of time together for spouses by using the 10 Great Dates material and video series. We have used it in two churches directly and helped at least two other churches use it as well. The material is very easy to use. It has been very well received by everyone attending, and there has been overwhelming requests to offer it again. Many have told their friends about it, and some just want to do it again. It is very nonthreatening and works great for community outreach." "I drove past this church and never stopped in before this. I had no idea what you (the church) had to offer my family." "The kids were looking forward to their 'date' as much as my wife and I were! They wouldn't let me miss it even when my wife was out of town." "This program was very helpful to give my husband and me time to talk to each other and not just talk about marriage." "Our pastor thought that 10 Great Dates worked the best of any other thing the church had tried for outreach to the community!" "My husband would never come to church with me before, but he felt very safe coming to 10 Great Dates." "With small children, it's so hard to get time together for just us. Thank you!" "10 Great Dates was the best thing that ever happened to us as a couple to strengthen our marriage." "When I think about how programs usually run in a church, the programs typically talk at us and then we talk about it and we even talk about applying it, but just a few of us really and truly do it ... 10 Great Dates provides a safe and fun environment to actually do something about our marriages, and it actually works to build our marriages little by little." "My husband and I are grateful for such a wonderful tool to use for encouraging others as well."

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#### **Ronald Castaneda:**

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#### **Kristi Goins:**

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#### **Betty Giuliani:**

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nevertheless delivering the information. The article author giving his/her effort that will put every word into joy arrangement in writing 10 Great Dates to Energize Your Marriage: The Best Tips from the Marriage Alive Seminars nevertheless doesn't forget the main level, giving the reader the hottest along with based confirm resource details that maybe you can be one among it. This great information may drawn you into brand-new stage of crucial thinking.

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