



The Occasional Vegetarian: 100 Delicious Dishes That Put Vegetables at the Center of the Plate

Elaine Louie

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“This outstanding volume proves that vegetables can steal the show.”

—*Publishers Weekly*

“Lovers of good food have enjoyed Elaine Louie’s column, ‘The Temporary Vegetarian,’ for the chef-created recipes and omnivore-approved dishes. Now all the recipes are in one place, making this book a valuable asset for any cook, regardless of diet style.”

—**Robin Asbell, author of *New Vegetarian***

In *The Occasional Vegetarian*, Elaine Louie provides pieces from her popular *New York Times* column, “The Temporary Vegetarian,” which features recipes from a wide variety of chefs who reveal the vegetarian dishes they like to cook at their restaurants and at home. You’ll find a recipe for cranberry bean and kale soup from one chef’s mother; an almond grape “white” gazpacho recipe brought back from Catalonia, Spain; and an endive cheese tart inspired by a Frenchwoman who one cook and his wife met aboard a train.

Other tempting recipes include Catalan-Style Radicchio and White Beans; Persian Herb Frittata; Corn Fritters; *Chana Punjabi* (Chickpea Stew); Leek Tart with Oil-Cured Olives; Fragrant Mushroom Spring Rolls, Wrapped in Lettuce Cups; and Sugar Snap Pea Salad. Louie proves that cooking meat-free is not only easy, but also incredibly tasty and satisfying.

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