



**Cooking Light Cook's Essential Recipe Collection:
Weeknight: 57 essential recipes to eat smart, be fit,
live well (the Cooking Light.cook's ESSENTIAL
RECIPE COLLECTION)**

Editors of Cooking Light Magazine

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Banish 5 o'clock guilt forever with the new, wonderful-to-read, wonderful-to-cook Essential Recipe Collection Weeknight. It features more than 50 Cooking Light kitchen-tested recipes for family-pleasing, health-conscious meals that don't take a lot of advance planning. Easy entrees, one-dish dinners, soup and salad, and make-ahead meals—they're all here, and they're all incredibly tasty. Just what you'd expect from Cooking Light!

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Leslie Martin:

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Robert Alston:

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Eun Russell:

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