



Babylon Confidential: A Memoir of Love, Sex, and Addiction

Claudia Christian, Morgan Grant Buchanan

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When actress Claudia Christian flees a troubled childhood and moves to Hollywood at age 17, she steps through the looking glass into another world.

From the set of *Dallas* to her starring role on the sci-fi series *Babylon 5*, Claudia's affairs with billionaires, supermodels, rock stars, and celebrities are mixed with shootings, stalking, heartbreak, and betrayal. Onset and off, drama follows Claudia—an alcohol-fueled coke run and makeout session with a bridesmaid on her wedding day; her tempestuous, love-hate relationship with actor Angus Macfadyen; the conspiracy theories surrounding her ex-husband's death; and a 20-year on-and-off relationship with billionaire Dodi Fayed before he dated Princess Diana. Hollywood life takes its toll on Claudia as she descends into alcohol addiction and a desperate battle to reclaim her life.

Rehab, alternative treatments, and even hypnotism can't break the cycle of alcohol abuse that threatens to destroy Claudia. Close to despair she discovers The Sinclair Method, a treatment that saves her life.

Sometimes shocking, often humorous, always captivating — *Babylon Confidential* is a story of hope that will inspire and enlighten you.

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